



*Banquet Lunch
Menu*

*Echo Hotel
& Conference Center*

Banquet Lobby Buffet

Private Room Lobby Lunch Buffet (Mon.- Fri.)10.95

Private Room Sunday Lunch Buffet12.95

Meeting Planner (Mon.- Fri.)21.35

Includes: Continental Breakfast

Lobby Lunch Buffet

PM Snacks and Soda

Plated Lunch 12.50

All meals served with a garden salad, fresh rolls and iced tea or coffee service.

Chicken Fried Steak Hand breaded and fried steak served with mashed potatoes, gravy and vegetable of the day

Sliced Roast Beef Tender sliced roast beef served with mashed potatoes, gravy and vegetable of the day

Chicken Parmesan Breast of chicken lightly coated, topped with a tomato basil sauce, grated parmesan cheese served with pasta and vegetable of the day

Chicken Hollandaise Breast of chicken topped with creamy Hollandaise sauce served with roasted potatoes and vegetable of the day

Chicken Fried Chicken Breast of chicken fried to a golden brown served with mashed potatoes and vegetable of the day

Pork Stuffed Loin Pork stuffed with breading, herbs and garlic served with roasted potatoes and vegetable of the day

Ham Steak Delicious ham served in a pineapple sauce with scalloped potatoes and vegetable of the day

Lite Lunch Plates 11.75

All lite lunches include water and iced tea or coffee service.

Stuffed Avocado Avocado half on a bed of lettuce stuffed with your choice of chicken or tuna salad served with sliced fruit, Jell-O, potato salad, sliced tomatoes, hard boiled egg and croissant

Tri Salad Plate Your choice of chicken or tuna salad, potato or pasta salad served with fruit Jell-O and croissant

Grilled Chicken Salad Sliced breast of chicken on a bed of crisp lettuce, fruit garnish and your choice of dressing

Grilled Chicken Caesar Salad Caesar salad topped with seasoned grilled chicken breast

Casual Lunch Plates 9.95

All casual lunches include iced tea or coffee service and your choice of chips, French fries, onion rings, or potato salad

Club Sandwich Toasted triple decked sandwich served with sliced chicken, ham, bacon, cheese, lettuce and tomato

Cheese Burger Lean ground beef topped with cheddar cheese on a toasted bun with all the trimmings

Chicken Burger Grilled chicken breast and Swiss cheese served on a toasted bun with all the trimmings

Envueltos Four soft corn tortillas filled with your choice of chicken or avocado and topped with lettuce and tomatoes. Served with your choice of sour cream jalapeno dressing or salsa

Enchiladas Three beef or cheese filled and topped with our homemade chili sauce. Served with refried beans and rice

Crispy Tacos Three crisp corn tortillas with your choice of chicken or seasoned ground beef. Served with refried beans and rice

Vegetables

Green Beans Almandine

Glazed Baby Carrots

Steamed Broccoli

Sweet Peas

Broccoli with Cheese Sauce

Indian Corn

Southwest Blend ...Corn, Black Beans, Poblano Peppers, Red Peppers, and Onions

Key West Blend ... Green Beans, Red Peppers, Orange and Yellow Carrots

California Mix...Broccoli, Cauliflower and Carrots

Capri Blend ...Green Beans, Zucchini, Carrots and Squash

Potatoes and other starches

Baked Potato

Buttered Egg Noodles

Twice Baked Potato

Penne Pasta

Herb Mashed Potatoes

Rice with Toasted Coconut

Duchess Potatoes

Wild Rice Blend

Potatoes Au Gratin

Rice Pilaf

Echo Sweet Potatoes

Spanish Rice

Roasted Red Potatoes

Steamed White Rice